



### **Hellenic Allergy and Clinical Immunology Society (EEAKA)**

The Hellenic Allergy and Clinical Immunology Society visited Flisvos Marina on Saturday 29 March 2014. Using purpose-built stands, allergologists handed out leaflets and discussed people's allergy-related questions and problems.



### **National Society for Cancer Prevention "STOXOS"**

The "Fashion Targets Breast Cancer" campaign promoted the idea "Exercise with Stoxos" over the weekend of 5 - 6 April. Over 400 women picked up the pace and reduced the risk. The aim of the event was to convince women to integrate physical activity into their daily lives.



### **ALMA Easter BAZAAR**

For yet another year, the vibrant Easter bazaar of the ALMA Panhellenic Association of Adapted Activities was held at Flisvos Marina from 4 to 6 April 2014 for the twofold purpose of selling Easter items and informing visitors about the aims of the Association.



### **Easter BAZAAR by THE SMILE OF THE CHILD**

The Easter Bazaar by "The Smile of the Child" was held at Flisvos Marina over the weekend of 12 - 13 April for the twofold purpose of selling Easter items and informing visitors about the aims of the Association.



### **Poseidon Half Marathon**

On Sunday 27 April 2014, Flisvos Marina hosted on its premises the 5th Poseidon Athens Half Marathon Race, as well as its Supplementary Races held in the greater Faliro Bay area. The body hosting the Races was provided with a covered area for the registration of participants.



### **2nd Athens Street Pole Vault**

On Saturday 10 May 2014, Flisvos Marina hosted an impressive and unique event for Greece, the Street Pole Vault, organized by the Hellenic Athletic Federation SEGAS. The international event took place under the auspices of the European Athletic Federation with the support of Flisvos Marina. Thus visitors had the opportunity to experience up close the magic of pole vaulting and enjoy watching 2014 world champion pole vaulter Kostas Filipidis and his fellow athletes.



### **ALMA Informational BAZAAR**

The Bazaar of the Panhellenic Association of Adapted Activities ALMA was held on Sunday 11 May 2014, for Mother's Day.



### **Children's ecofestival**

On Saturday 28 June 2014, Flisvos Marina hosted on its premises the Children's ecofestival, culmination of the activities of the Ministry of Environment Energy and Climate change YPEKA, as part of the celebrations for World Environment Day.

It had the purpose of raising the awareness of the children through their participation in interactive educational games and workshops, centred on highlighting the relationship and interdependence of man with the natural environment.



### **Voluntary Blood Donation**

On Friday 11 July 2014 Flisvos Marina held on its premises a voluntary blood donation with the participation of the marina's personnel and many workers from the boats and from the businesses, after which a blood bank of the company was set up at the Laiko General Hospital of Athens.

### **BAZAAR by the FRODIDA Association**

Over the weekend of 6 - 7 September 2014, a Bazaar by the "FRODIDA" association was held at Flisvos Marina for the twofold purpose of selling items of the association and informing visitors about the aims of the Association.

### **2014 Annual Voluntary Beach Cleanup**

On Thursday 9 October 2014, for the 6th year in a row, the personnel of LAMDA Flisvos Marina, in the company's capacity as a HELMEPA member, visited the town of Loutraki in the Prefecture of Corinth to participate in the Annual Voluntary Beach Cleanup and with the assistance of another HELMEPA member, the Primary School of Lechaio, carried out a voluntary beach cleanup.





### **Man at sea - KARPA**

The training was provided by the Flisvos Marina Administration Body, Lamda Flisvos Marina S.A., in partnership with the Hellenic Lifeguard Academy (ENAK) on 30 October 2014. The training focused on basic life support techniques, such as the Primary Assessment, CPR and rescue breaths. The training included a lesson in rescuing theory and hands-on practice using a CPR mannequin, so that the participants would acquire some basic knowledge and be able to take action in an emergency. The training was attended by the marina's personnel, boat crews, shop employees and even visitors.



### **ALMA Christmas Bazaar**

The Christmas Bazaar of the ALMA Panhellenic Association of Adapted Activities was held at Flisvos Marina over the weekend of 13 - 14 December 2014. The revenue from the Bazaar was used exclusively to further the continuation of the programmes for disabled children in Paleo Faliro.



### **Christmas Bazaar by THE SMILE OF THE CHILD**

The Christmas Bazaar by the Association "The Smile of the Child" was held at Flisvos Marina over the weekend of 20 - 21 December 2014 for the twofold purpose of selling Christmas items and informing visitors about the aims of the Association.



### **Institution of the Tree of Love and Contributions of the Municipality of P. Faliro**

Over the weekend of 20 - 21 December 2014, Flisvos Marina hosted the Institution of the Tree of Love and Contributions of the Municipality of P. Faliro. The purpose of the event was to boost the Social Grocery and Social Kitchen of the Municipality of P. Faliro. With the support of the marina's Administration Body and the concurrent participation of the employees, boat crews, and even visitors, durable foodstuffs were gathered beneath its Christmas Tree, which were delivered to the responsible representatives of the Grocery and Kitchen of the Municipality.



### **Ark of the World**

Over the Christmas holidays, instead of sending corporate greeting cards, Flisvos Marina made a donation to the "Ark of the World" so that it can improve the living conditions of the children staying in its premises. The "Ark of the World" used the sum to purchase food for the children's daily meals.

LAMDA Flisvos Marina S.A. places particular emphasis not only on the monitoring and implementation of cutting edge technologies and practices but also on the informing, training and participation of employees in environmental management. The following exercises were held in 2014:



### **Fire fighting exercise**

The exercise was organised by the Flisvos Marina Administration Body on Monday 12 May 2014. Its aim was to inform the employees about the fire fighting equipment available at the marina and the shops, how to use it and what procedures to follow in an emergency. This exercise had the twofold purpose of protecting human lives and safeguarding the property.



### **Pollution Emergency Exercise**

A Pollution Emergency Exercise was successfully held at Flisvos Marina on 1 July 2014. The exercise was organised by the marina's Administration Body Lamda Flisvos Marina S.A., in partnership with Environmental Protection Engineering S.A.. The exercise was deemed to be highly satisfactory, as the existing action plan for dealing with sea pollution emergencies at Flisvos Marina worked perfectly. The Marina personnel who, according to the exercise scenario, will have to deal with such a potential pollution incident showed, for the **tenth** year in a row, the necessary professionalism and discipline and was consistent throughout the exercise, successfully taking all the necessary actions.

### **Dealing with injuries**

The Flisvos Marina Administration Body, Lamda Flisvos Marina S.A., provided training on how to deal with injuries, in association with the Red Cross, on 5 November 2014. The training programme aimed to teach the fundamentals of First Aid, in theory and in practice, to the general public. The participants will be able to administer First Aid if there is an accident in order to protect the victim's health until the emergency services reach the site. The training was attended by the marina's personnel and the security staff of the premises.